

North Clay Middle School

May

Monday	Tuesday	Wednesday	Thursday	Friday
			May - 1 CEREAL DONUTS FRESH FRUIT JUICE MILK, VARIETY	May - 2 CEREAL Muffin (assorted) FRESH FRUIT JUICE MILK, VARIETY
May - 5 CEREAL DONUTS FRESH FRUIT JUICE MILK, VARIETY	May - 6 CEREAL Piggle stick FRESH FRUIT JUICE MILK, VARIETY	May - 7 CEREAL Apple Cinn. Toast FRESH FRUIT JUICE MILK, VARIETY	May - 8 CEREAL FRUDEL FRESH FRUIT JUICE MILK, VARIETY	May - 9 CEREAL Muffin (assorted) pop tart FRESH FRUIT JUICE MILK, VARIETY
May - 12 CEREAL DONUTS FRESH FRUIT JUICE MILK, VARIETY	May - 13 CEREAL Apple Cinn. Toast FRESH FRUIT JUICE MILK, VARIETY	May - 14 CEREAL Cinnamon Bun FRESH FRUIT JUICE MILK, VARIETY	May - 15 CEREAL Eggo French Toast FRESH FRUIT JUICE MILK, VARIETY	May - 16 CEREAL Muffin (assorted) Breakfast Bar FRESH FRUIT JUICE
May - 19 CEREAL DONUTS FRESH FRUIT JUICE MILK, VARIETY	May - 20 CEREAL Mini Pancakes FRESH FRUIT JUICE MILK, VARIETY	May - 21 CEREAL Apple Cinn. Toast FRESH FRUIT JUICE MILK, VARIETY	May - 22 CEREAL Muffin (assorted) FRESH FRUIT JUICE MILK, VARIETY	May - 23
May - 26	May - 27	May - 28	May - 29	May - 30

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	742	400-550	135%	Sugars	76.20 g	41.10%	
Cholesterol	15 mg			Protein	16.42 g	8.86%	
Sodium	1089 mg	600		Carbohyd	136.27 g	73.50%	
Fiber	8.88 g			Tot. Fat	15.39 g	18.68%	<=30.0%
Iron	18.29 mg			Sat. Fat	4.59 g	5.58%	<10.00%
Calcium	579.21 mg						
Vitamin A	1312 IU						
Vitamin C	23.79 mg						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*
** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.